

SJA/STA/BVSW - 3/28/2023

Results - BVSW vs Aquinas and St. James

#1 Women 200 Yard Medley Relay

5A Qual: 2:07.73

5A Cons: 2:14.12

Team	Relay	Finals Time
1 LENSJ	A	1:55.90
Pickert, Rebecca 16	Salsbury, Reagan 18	
Heise, Elizabeth	Herrington, Bella 17	
28.02	32.56	28.36 26.96
2 BVSW-MV	A	1:57.11
Weninger, Willow	Chambers, Mari	
Sponseller, Sophia	Horton, Kate 15	
30.77	30.46	27.82 28.06
3 AQU_G	A	2:03.71
Albright, Delaney	Newell, Ridley	
Dahir, Maggie	Boos, Abby	
31.68	35.40	29.11 27.52
4 BVSW-MV	B	2:13.44
McCann, Sabrina	Brun, Aubrey 16	
Greathouse, Zoe 14	Weiss, Lauren 18	
34.14	39.33	29.91 30.06
5 LENSJ	B	2:14.32
King, Amelie 16	Jones, Annika 17	
Kainy, Holli 17	Morris, Emily 18	
32.50	44.91	27.04 29.87
6 AQU_G	B	2:14.59
Bono, Mary Clare	Young, Rachel	
Rodriguez, Ivonne	Dischinger, Ella	
33.20	40.49	33.13 27.77
--- AQU_G	C	DQ
Sorokina, Olga	Do, Cecilia	
Noravong, Eva	Haas, Jenna	
42.53	46.87	41.23 30.84

#2 Women 200 Yard Free

5A Qual: 2:11.66

5A Cons: 2:18.24

Name	Age	Team	Finals Time
1 Weninger, Willow		BVSW-MV	2:00.19
26.81	30.13	31.41	31.84
2 Hill, Miriam	17	BVSW-MV	2:10.31
29.58	34.19	33.42	33.12
3 Spacek, Avery	18	LENSJ	2:10.48
29.86	33.38	34.71	32.53
4 Dischinger, Ella		AQU_G	2:19.45
30.74	34.81	37.27	36.63
5 Young, Rachel		AQU_G	2:21.69
31.48	35.38	37.66	37.17
6 King, Amelie	16	LENSJ	2:29.62
32.16	37.11	39.87	40.48
7 Andrews, Lizzo		AQU_G	2:32.32
32.99	39.06	40.60	39.67
8 Punswick, Lucy	17	LENSJ	2:38.68
33.56	39.76	43.31	42.05
9 Hornback, Grace	16	LENSJ	2:39.30
33.18	39.95	43.67	42.50

#3 Women 200 Yard IM

5A Qual: 2:31.60

5A Cons: 2:39.18

Name	Age	Team	Finals Time
1 Pickert, Rebecca	16	LENSJ	2:12.49
27.84	33.51	40.42	30.72
2 Chambers, Mari		BVSW-MV	2:19.45
30.09	36.98	38.00	34.38
3 Newell, Ridley		AQU_G	2:21.79
30.36	36.19	41.56	33.68
4 Heise, Elizabeth		LENSJ	2:23.45
31.33	36.88	42.00	33.24
5 Taghizadeh, Sophia	15	BVSW-MV	2:29.57
30.35	38.04	45.00	36.18
6 Albright, Delaney		AQU_G	2:38.13
33.46	38.41	48.55	37.71
7 Bono, Mary Clare		AQU_G	2:46.78
37.40	40.25	48.83	40.30
8 Greathouse, Zoe	14	BVSW-MV	2:52.80
31.47	41.76	57.38	42.19

#4 Women 50 Yard Free

5A Qual: 26.83

5A Cons: 28.17

Name	Age	Team	Finals Time
1 Salsbury, Reagan	18	LENSJ	26.10
2 Dahir, Maggie		AQU_G	26.90
3 Herrington, Bella	17	LENSJ	27.95
4 Hornback, Helen	16	LENSJ	28.20
5 Robinson, Leah		LENSJ	28.45
6 Boos, Abby		AQU_G	28.96
7 Brun, Aubrey	16	BVSW-MV	29.00
8 Kainy, Holli	17	LENSJ	29.02
9 VanGilder, Haley	16	BVSW-MV	29.05
10 Rodriguez, Ivonne		AQU_G	29.62
11 Weiss, Lauren	18	BVSW-MV	30.08
12 Chandler, Natalie	15	BVSW-MV	30.43
13 Dahm, Masie	16	LENSJ	30.52
14 Prat, Antonia		AQU_G	30.78
15 Morris, Emily	18	LENSJ	31.49
16 Spencer, Rainey		LENSJ	31.53
17 Ellwanger, Emily		AQU_G	32.41
18 Denice, Stella		LENSJ	32.98
19 Do, Cecilia		AQU_G	33.19
20 Kalny, Lilly		LENSJ	33.32
21 Guichet, Haily		LENSJ	33.46
22 L'Esperance, Violet		LENSJ	33.47
23 Fehr, Emma		LENSJ	33.69
24 Kelley, Grace		AQU_G	33.71
25 Cahill, Cate		LENSJ	34.04
26 Reyes, Ava		LENSJ	34.22
27 Larson, Addison		LENSJ	34.79
28 Wilson, Mary Clare		LENSJ	35.41
29 Haas, Jenna		AQU_G	35.58
30 Johnson, Leah	17	LENSJ	35.67
31 Reuter, Jillian	15	LENSJ	35.73
32 Hartman, Morgan		AQU_G	35.94

33 McGlenn, Molly	16	LENSJ	36.14
34 Schmeidler, Gloria	16	LENSJ	36.19
35 Blume, Caroline		LENSJ	36.35
36 Pinela, Abril		AQU_G	36.50
37 Johnson, Ellie	15	LENSJ	36.69
38 Mears, Olivia		AQU_G	37.26
39 Thomas, Marie		AQU_G	37.62
40 Martinez, Mia		LENSJ	37.63
41 Patton, Sidney		AQU_G	37.84
42 Sorokina, Olga		AQU_G	37.91
43 Donnelly, Katie		LENSJ	38.24
44 Dunn, Alina		LENSJ	38.33
45 Lynch, Anastasia	16	LENSJ	38.76
46 Bangert, Virginia		LENSJ	39.01
47 Crabtree, Samantha		LENSJ	39.05
48 Simmons, Lilly		LENSJ	39.87
49 Padley, Kayla		LENSJ	40.95
50 Lavery, Maddy		LENSJ	42.46
51 Myers, Lillie		LENSJ	42.71
52 Rodlund, Lucy		BVSW-MV	42.93
53 Pendergast, Myla		LENSJ	43.14
54 Waitiki, Yvonne		AQU_G	51.35

#5 Women 1 mtr Diving

Name	Age	Team	Finals Score
1 Holton, Emma	17	LENSJ	253.34
2 Callahan, Megan	18	LENSJ	224.10
3 Hardgree, Abby		AQU_G	174.53
4 Burns, Lydia		LENSJ	162.60
5 Bonder, Alyssa	17	BVSW-MV	161.02
6 Alvarez, Meadow	17	BVSW-MV	135.00
7 Wells, Delaney		AQU_G	110.55
--- Ravenscroft, Annie	18	BVSW-MV	DQ

#6 Women 100 Yard Fly

5A Qual: 1:07.61

5A Cons: 1:10.99

Name	Age	Team	Finals Time
1 Sponseller, Sophia		BVSW-MV	1:02.54
29.15	33.39		
2 Heise, Elizabeth		LENSJ	1:04.52
29.98	34.54		
3 Chambers, Mari		BVSW-MV	1:05.61
30.94	34.67		
4 Horton, Kate	15	BVSW-MV	1:07.78
31.64	36.14		
5 Dischinger, Ella		AQU_G	1:18.30
36.64	41.66		
6 Rodriguez, Ivonne		AQU_G	1:21.16
36.86	44.30		
7 Chandler, Natalie	15	BVSW-MV	1:21.29
36.00	45.29		

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#7 Women 100 Yard Free

5A Qual: 59.44

5A Cons: 1:02.41

Name	Age	Team	Finals Time
1 Taghizadeh, Sophia	15	BVSW-MV	58.89
	28.40	30.49	
2 Dahir, Maggie		AQU_G	1:00.68
	28.30	32.38	
3 Herrington, Bella	17	LENSJ	1:03.78
	30.58	33.20	
4 Kainy, Holli	17	LENSJ	1:04.09
	30.26	33.83	
5 Hornback, Helen	16	LENSJ	1:04.29
	30.82	33.47	
6 Brun, Aubrey	16	BVSW-MV	1:04.86
	30.95	33.91	
7 Boos, Abby		AQU_G	1:04.98
	30.72	34.26	
8 Robinson, Leah		LENSJ	1:05.29
	31.08	34.21	
9 Weiss, Lauren	18	BVSW-MV	1:05.45
	31.39	34.06	
10 Andrews, Lizzo		AQU_G	1:05.69
	31.24	34.45	
11 VanGilder, Haley	16	BVSW-MV	1:05.85
	31.49	34.36	
12 Punswick, Lucy	17	LENSJ	1:08.75
	32.49	36.26	
13 Ellwanger, Emily		AQU_G	1:14.40
	35.08	39.32	
14 Fehr, Emma		LENSJ	1:16.18
	37.65	38.53	
15 Patton, Sidney		AQU_G	1:20.39
	38.38	42.01	
16 Schmeidler, Gloria	16	LENSJ	1:21.39
	38.19	43.20	
17 Hartman, Morgan		AQU_G	1:21.60
	39.02	42.58	
18 Mears, Olivia		AQU_G	1:21.81
	39.43	42.38	
19 Pinela, Abril		AQU_G	1:23.13
	39.49	43.64	
20 Johnson, Leah	17	LENSJ	1:24.15
	39.59	44.56	
21 McGlinn, Molly	16	LENSJ	1:28.69
	41.05	47.64	
--- Heise, Jess	18	BVSW-MV	DNF

#8 Women 500 Yard Free

5A Qual: 5:57.96

5A Cons: 6:15.85

Name	Age	Team	Finals Time
1 Newell, Ridley		AQU_G	5:35.29
	30.54	32.91	33.98
	33.90	34.34	34.30
	33.95	33.01	

2 Sponseller, Sophia		BVSW-MV	5:54.72
	32.34	35.01	35.43
	36.04	35.83	35.88
	37.08	34.74	
3 McCann, Sabrina		BVSW-MV	6:55.18
	35.51	40.42	41.42
	42.92	43.44	43.09
	43.09	39.29	
4 Jones, Annika	17	LENSJ	7:09.47
	34.18	38.99	41.65
	45.04	45.61	46.07
	44.77	43.69	45.50

#9 Women 200 Yard Free Relay

5A Qual: 1:52.95

5A Cons: 1:58.59

Team	Relay	Finals Time
1 BVSW-MV	A	1:49.06
Sponseller, Sophia	Chambers, Mari	
Heise, Jess 18	Taghizadeh, Sophia 15	
	27.60	27.70
	27.07	26.69
2 AQU_G	A	1:51.25
Albright, Delaney	Boos, Abby	
Newell, Ridley	Dahir, Maggie	
	27.95	28.19
	27.51	27.60
3 LENSJ	A	1:54.58
Hornback, Helen 16	Kainy, Holli 17	
Spacek, Avery 18	King, Amelie 16	
	28.76	29.43
	27.11	29.28
4 BVSW-MV	B	1:55.05
Hill, Miriam 17	Weiss, Lauren 18	
Greathouse, Zoe 14	Brun, Aubrey 16	
	26.83	30.03
	29.34	28.85
5 AQU_G	B	2:06.29
Kelley, Grace	Ellwanger, Emily	
Prat, Antonia	Andrews, Lizzo	
	34.46	31.69
	30.42	29.72
6 LENSJ	B	2:10.64
McGlinn, Molly 16	Dahm, Masie 16	
Hornback, Grace 16	Punswick, Lucy 17	
	33.14	30.64
	37.79	29.07
7 LENSJ	E	2:18.96
Guichet, Haily	Johnson, Ellie 15	
Johnson, Leah 17	Jones, Annika 17	
	33.91	36.01
	36.95	32.09
8 LENSJ	C	2:23.92
Bangert, Virginia	Blume, Caroline	
Burns, Lydia	Cahill, Cate	
	40.50	36.20
	32.67	34.55
9 AQU_G	C	2:25.55
Noravong, Eva	Mears, Olivia	
Thomas, Marie	Haas, Jenna	
	40.52	33.87
	36.40	34.76
10 LENSJ	D	2:28.77
Crabtree, Samantha	Denice, Stella	
Donnely, Katie	Dunn, Alina	
	43.07	36.79
	1:08.91	

11 LENSJ	F	2:29.63
Kalny, Lilly	Lavery, Maddy	
L'Esperance, Violet	Lynch, Anastasia 16	
	34.14	41.57
	46.36	27.56

#10 Women 100 Yard Back

5A Qual: 1:07.56

5A Cons: 1:10.94

Name	Age	Team	Finals Time
1 Pickert, Rebecca	16	LENSJ	59.60
	29.04	30.56	
2 Spacek, Avery	18	LENSJ	1:08.18
	33.27	34.91	
3 Horton, Kate	15	BVSW-MV	1:08.24
	33.54	34.70	
4 Albright, Delaney		AQU_G	1:08.94
	33.62	35.32	
5 King, Amelie	16	LENSJ	1:11.29
	34.28	37.01	
6 Bono, Mary Clare		AQU_G	1:11.35
	35.31	36.04	
7 Young, Rachel		AQU_G	1:13.63
	35.34	38.29	
8 Hill, Miriam	17	BVSW-MV	1:15.78
	37.34	38.44	
9 Morris, Emily	18	LENSJ	1:17.57
	36.66	40.91	
10 McCann, Sabrina		BVSW-MV	1:18.48
	38.21	40.27	
11 Sorokina, Olga		AQU_G	1:36.96
	46.77	50.19	
12 Spencer, Rainey		LENSJ	1:45.94
	48.92	57.02	

#11 Women 100 Yard Breast

5A Qual: 1:17.93

5A Cons: 1:21.83

Name	Age	Team	Finals Time
1 Weninger, Willow		BVSW-MV	1:09.18
	32.48	36.70	
2 Salisbury, Reagan	18	LENSJ	1:12.58
	33.57	39.01	
3 Heise, Jess	18	BVSW-MV	1:16.84
	35.30	41.54	
4 Prat, Antonia		AQU_G	1:30.48
	42.84	47.64	
5 Hornback, Grace	16	LENSJ	1:34.30
	43.67	50.63	
6 Dahm, Masie	16	LENSJ	1:36.40
	43.54	52.86	
7 Noravong, Eva		AQU_G	1:37.43
	47.01	50.42	
8 Kelley, Grace		AQU_G	1:37.80
	45.22	52.58	
9 Do, Cecilia		AQU_G	1:37.85
	45.00	52.85	
10 Haas, Jenna		AQU_G	1:38.26
	45.83	52.43	

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#11 Women 100 Yard Breast

11	Larson, Addison	LENSJ	1:43.29
	48.21	55.08	
12	Wilson, Mary Clare	LENSJ	1:43.71
	48.29	55.42	
13	Reuter, Jillian	15 LENSJ	1:43.75
	48.49	55.26	
14	Johnson, Ellie	15 LENSJ	1:45.98
	51.86	54.12	
15	Thomas, Marie	AQU_G	1:46.53
	49.92	56.61	
16	L'Esperance, Violet	LENSJ	1:48.10
	49.15	58.95	

#12 Women 400 Yard Free Relay

5A Qual: 4:11.12

5A Cons: 4:23.68

Team	Relay	Finals Time
1 BVSW-MV	A	3:58.11
Weninger, Willow	Taghizadeh, Sophia 15	
Hill, Miriam 17	Heise, Jess 18	
	27.56	57.51
	29.03	1:00.89
	27.95	58.48
	28.59	1:01.23
2 LENSJ	A	3:59.04
Herrington, Bella 17	Spacek, Avery 18	
Salsbury, Reagan 18	Pickert, Rebecca 16	
	30.76	1:05.13
	28.72	1:01.08
	27.54	59.77
	25.12	53.06
3 AQU_G	A	4:21.63
Young, Rachel	Bono, Mary Clare	
Andrews, Lizzo	Dischinger, Ella	
	29.89	1:04.02
	32.11	1:07.35
	32.31	1:07.34
	29.94	1:02.92
4 BVSW-MV	B	4:32.23
Horton, Kate 15	VanGilder, Haley 16	
Bienemann, Jenna 15	Chandler, Natalie 15	
	30.96	1:04.45
	32.67	1:09.21
	33.45	1:10.97
	31.46	1:07.60
5 AQU_G	B	5:09.25
Kelley, Grace	Prat, Antonia	
Ellwanger, Emily	Rodriguez, Ivonne	
	41.33	1:34.31
	29.61	1:14.43
	27.83	1:09.92
	33.10	1:10.59
6 LENSJ	C	5:25.22
Wilson, Mary Clare	Spencer, Rainey	
Schmeidler, Gloria 16	Kalny, Lilly	
	43.78	1:44.54
	25.61	1:04.34
	39.11	1:21.54
	35.04	1:14.80
7 LENSJ	B	5:28.40
Larson, Addison	McGlenn, Molly 16	
Morris, Emily 18	Reuter, Jillian 15	
	38.76	1:25.17
	40.53	1:30.93
	16.10	32.08
	35.52	2:00.22
8 AQU_G	C	5:30.45
Patton, Sidney	Sorokina, Olga	
Hartman, Morgan	Do, Cecilia	
	38.98	1:28.47
	33.43	1:21.17
	37.48	1:20.60
	35.46	1:20.21

Scores - Women

Women - Team Rankings - Through Event 12

1.	ST James Academy	125
2.	Blue Valley Southwest	111
3.	St. Thomas Aquinas - Girls	73